

CHOICES a service of Assured Family Services

CHOICES

Community, Health, Outreach, Intervention & Clinical Engagement Services is a Detroit-Wayne County Community Mental Health approved service provider.

CHOICES provides a wide array of therapies that have proven to be effective in dealing with child and families issues. Most sessions will take place in the privacy of your home. Appointments can be scheduled in the morning, afternoon or evening to accommodate the needs of families. Office-based services are also available.

CHOICES therapists are licensed, possess Master's degrees and are specially trained in *Trauma Focused Cognitive Behavior Therapy* to resolve trauma-related issues.

CHOICES is contracted and the therapists are credentialed with Detroit-Wayne County Community Mental Health to provide treatment for emotional and behavioral needs.

Assured Family Services



CHOICES provides intensive individual and family therapy to youth and families dealing with serious life issues including:

- Trauma
- Conflict resolution
- Grief and loss
- Depression
- Substance abuse
- Anger management
- Parent-child relation problems
- Mood and anxiety problems
- Identity challenges
- Serious emotional diagnoses
- Behavior issues



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Council on Accreditation

Assured Family Services- Detroit, Michigan 48202 - 313-896-1444

Youth and families in need of therapy or access to Community Mental Health Services can be referred to CHOICES for assessment and access to counseling and therapy services. Youth may be identified as in school, at risk, diversion, child welfare or juvenile justice. All services are voluntary and confidential and no cost to recipients. Call 313-896-1444 or fax to AFS CHOICES therapy 313-872-0804.

Our mission is to be the source of accurate information and competent recommendations that identify the unique needs of referred youth and families in Wayne County, and enable community organizations to restore successful living, increase healthy development and promote safe communities.

CHOICES Therapists are experienced CB-TFC clinicians and will develop an individualized treatment plans *together with* the youth and parents or other caregivers and are especially committed to providing culturally appropriate services.